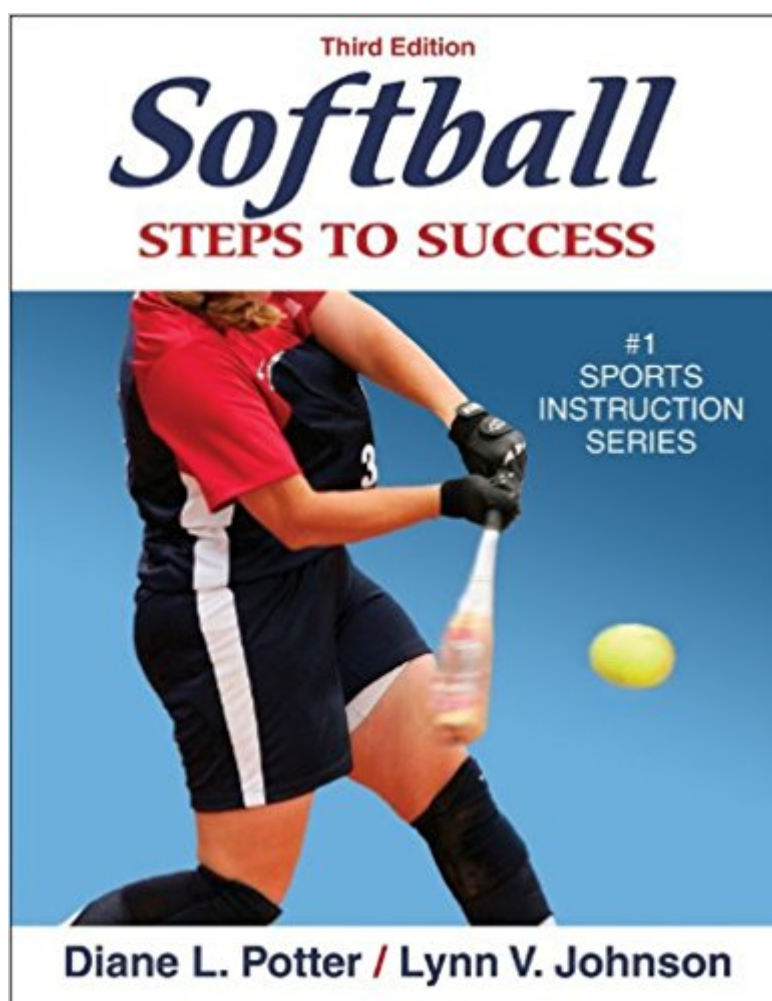


The book was found

Softball: Steps To Success, Third Edition (Steps To Success Sports Series)



Synopsis

Improve your play at the plate, on the base paths, and in the field by mastering the essentials of the game. Softball: Steps to Success offers a comprehensive, progressive approach that combines in-depth instruction, crisp illustrations, and 127 drills. Any player can become fundamentally sound and be ready to take the field. You'll find detailed instruction on every individual skill necessary for success in the game: catching, throwing, fielding, pitching, hitting, and baserunning. This updated edition also includes these features: -Responsibilities of each position on the field and every batter in the lineup -Offensive and defensive tactics for specific game situations -Emphasis on the short game, covering five types of bunts and the running slap hit -An expanded section on pitching that includes seven types of pitches for modified-pitch, slow-pitch, and fastpitch games -Skill-development drills with assessment scoring systems to gauge progress along the way Hits, runs, putouts, and double plays are at your fingertips. With Softball: Steps to Success, part of the popular Steps to Success Series that has sold more than 1.5 million copies, your performance on the diamond will shine.

Book Information

Paperback: 224 pages

Publisher: Human Kinetics; 3 edition (January 31, 2007)

Language: English

ISBN-10: 0736059539

ISBN-13: 978-0736059534

Product Dimensions: 8.5 x 0.5 x 11 inches

Shipping Weight: 1.4 pounds (View shipping rates and policies)

Average Customer Review: 4.7 out of 5 stars 5 customer reviews

Best Sellers Rank: #136,415 in Books (See Top 100 in Books) #7 in Books > Sports & Outdoors > Softball #310 in Books > Medical Books > Allied Health Professions > Physical Therapy

Customer Reviews

"Softball: Steps to Success "is an exceptional resource for teaching the fundamental skills of softball, whether in a physical education class setting or in a more competitive environment. The authors provide a comprehensive breakdown of each skill and tactic, drills for improving execution, and final challenges to augment development. It's a must-have resource for the softball enthusiast!"
BJ Ferguson
Head Softball Coach, University of Delaware
Associate Professor

"Softball: Steps to Success is an exceptional resource for teaching the fundamental skills of softball, whether in a physical education class setting or in a more competitive environment. The authors provide a comprehensive breakdown of each skill and tactic, drills for improving execution, and final challenges to augment development. It's a must-have resource for the softball enthusiast!"BJ FergusonHead Softball Coach, University of DelawareAssociate Professor

AAAAA+++++, great skills inside this book. Kind of confusing to understand at times because you have to read through all the practice drills to get the answers your looking for, but i bought for a good price for being almost brand new.

AWESOME

Niece Ã¢Â•Â¬Ã¢Â•Â¬Ã¢Â•Â¬Ã¢Â•Â¬Ã¢Â•Â¬Ã¢Â•Â¬

Very good as expected

The authors have done a wonderful job of breaking down the various skills, from beginning to advanced, required to develop or improve your game. Each of the various skills is explained in detail (and illustrated!) and supported with drills of increasing difficulty. This book is an excellent resource, both for the player desiring to improve their skills and the coach looking for useful practice techniques. I highly recommend it!

[Download to continue reading...](#)

Softball: Steps to Success, Third Edition (Steps to Success Sports Series) Softball Fielding Drills: easy guide to perfect your softball fielding today! (Fastpitch Softball Drills) Bluebook 60 - Fastpitch Softball Rules - 2017: The Ultimate Guide to (NCAA - NFHS - USA Softball / ASA - USSSA) Fast Pitch Softball Rules Softball Hitting Drills: easy guide to perfect your softball hitting today! (Fastpitch Softball Drills) The Complete Book Of Softball Drills: easy guide to perfect your softball drills today! (Fastpitch Softball Drills) Softball Pitching Drills: Great Pitching Drills for Fastpitch Softball (Fastpitch Softball Drills) Softball Catchers Drills: easy guide to perfect your softball catching today! (Fastpitch Softball Drills) The Softball Psychology Workbook: How to Use Advanced Sports Psychology to Succeed on the Softball Field Field Hockey: Steps to Success - 2nd Edition (Steps to Success Sports Series) Racquetball: Steps to Success (Steps to Success Sports Series) Bowling: Steps to Success (Steps to Success Sports Series) Third Eye: Third Eye Activation Mastery, Easy And

Simple Guide To Activating Your Third Eye Within 24 Hours (Third Eye Awakening, Pineal Gland Activation, Opening the Third Eye) Archery 4th Edition: Steps to Success (Steps to Success Sports) Softball Basics: All About Softball Softball Base Running Drills: easy guide to perfect your base running today! (Fastpitch Softball Drills) Bluebook 60 - Fastpitch Softball Rules - 2016: The Ultimate Guide to (NCAA - NFHS - ASA - USSSA) Fast Pitch Softball Rules Blue Book 60 - Fast Pitch Softball Rules - 2015: The Ultimate Guide to (NCAA - NFHS - ASA - USSSA) Fast Pitch Softball Rules Winning Softball for Girls (Winning Sports for Girls) (Winning Sports for Girls (Paperback)) Skateboarding: How It Works (Sports Illustrated Kids: the Science of Sports) (The Science of Sports (Sports Illustrated for Kids)) Football: How It Works (Sports Illustrated Kids: the Science of Sports) (The Science of Sports (Sports Illustrated for Kids))

[Contact Us](#)

[DMCA](#)

[Privacy](#)

[FAQ & Help](#)